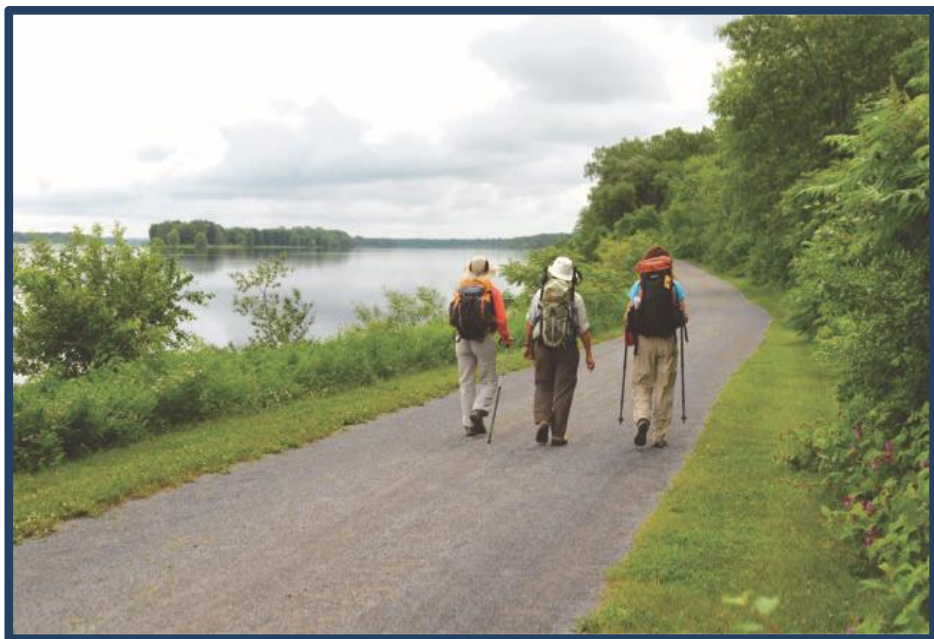


Chemin des Outaouais

Itinerary



Tout en marchant ...



Chemin des Outaouais Route Map

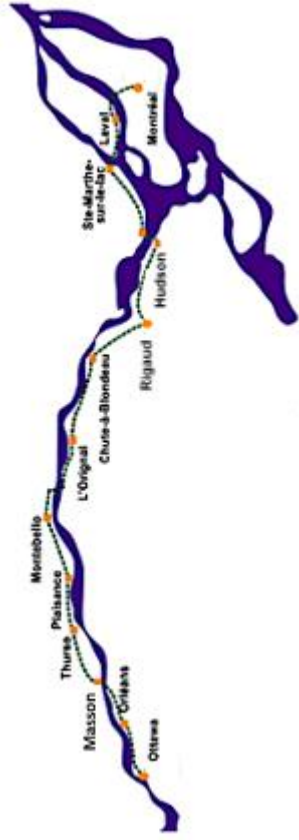


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Notes

- If you are not going to print the guide, please print the [Daily Route Validation](#) page, as you will want to have it signed or stamped each night.
- If you are going to print the guide, the finished size is 8.5" x 5.5". You could also ask the printer to add a coil binding at the top.
- ** indicates an alternate route.
- Icons compliments of [Flaticon.com](#).
- With thanks to Elaine Gareau for initial translation assistance.
- *Updated 14 April 2022*

Important Notices

Liability and Physical Damages

The practice of walking involves risks. It is **imperative** that each walker respects the rules of the road, bicycle paths and any other trail during his or her walk of the Chemin des Outaouais.

It is also essential that each walker follows the rules of your accommodation hosts.

The Chemin des Outaouais disclaims all liability for malaise, accidents, loss or theft of equipment or any injury of any nature that a person may suffer during the activities or on the premises of accommodation it organizes.

Be careful. Exercise caution. Watch for traffic.

In case of emergency, call 911.

Accommodations

The Chemin des Outaouais Association cannot be held responsible for charges in the event that any group offering accommodations should withdraw their offer once the trip has already started.

Only registered walkers for the Chemin des Outaouais have access to the accommodations listed in this itinerary. Registered walkers receive a badge that identifies them. In addition, a list of walkers is distributed to the hosts of each accommodation.

There may be additional information left at some accommodations, for example, how to get the key for the next accommodation. Please take note.

Guidelines

- On roads where there are no sidewalks, walk on the left shoulder of the road, facing traffic.



Watch for stickers bearing these logos. They indicate that you are on the correct path. Most of the time, you will find them glued to the back of traffic signs, facing you.

Also watch for the **yellow arrows** that show you the route to follow. 

- Ensure you have a daily supply of water and food for the journey. Some of the accommodations provide kitchenettes.
- Get your [Daily Route Validation](#) (on the inside back page of the *Itinerary*) stamped or signed at each accommodation.
- Arrive at your accommodations after 2 p.m. and leave by 9 a.m.

- Unless otherwise stated, each walker must leave the amount, in cash (usually \$20.00), requested by the host at each place of accommodation. If a meal is provided, the cost is set by the host. You are strongly encouraged to give \$20, in cash, to each place of accommodation even if you don't complete the journey. Please note that the requested amount is determined by the hosts themselves; there is an increase in prices compared to 2019, before the pandemic. The Chemin des Outaouais is not responsible for this increase.
- You are encouraged to get to know the route in advance: view the route on a web mapping service, take note of any relevant information, for example road crossings, and interesting restaurants.
- **Bedding is not supplied.** Bring a **pillowcase, sleeping bag, towel, face cloth** and other toiletries. With a few exceptions, laundry services are not available.
- Please respect the environment. Leave no imprint on your route, except that of your steps!
- Walkers must comply with the Covid measures in place by the Provinces.
- You can share your emergency information with someone in your group, if you wish.
- **For more information** check the Foire aux Questions (Frequently Asked Questions) section on the [Chemin des Outaouais](#) website.

Photos

Do you have photos of your walk to share? Send them to us at the following address: photo@chemindesoutaouais.ca. We will publish them, with your permission, on our Facebook, Website, Twitter and Instagram.

Day 1: Ottawa to Orleans—19.87 km

Departure at 8 a.m. from the steps of Notre Dame Cathedral Basilica (385 Sussex Drive, Ottawa).

Your guide may lead you to the shore of the Ottawa River by an alternative route. The route indicated here is more direct.

1. Leaving Notre Dame Cathedral Basilica, take a right on Sussex Drive to the first roundabout. En route, you will pass the Royal Canadian Mint, Global Affairs Canada, the Rideau Falls, the French Embassy, and the residences of the Prime Minister of Canada and the Governor General. **1.8 km**



Go around the traffic circle on the right to the entrance to the official residence and the Governor General where you have access to public toilets.

2. When leaving the entrance to the Governor General's Residence turn right on Sussex Drive (now Princess Ave) to the 2nd roundabout. Go around the roundabout on the right, cross and go along the shoulder from Princess Avenue, continue straight ahead to the bike path (Ottawa River Pathway) that branches right just before Sir Georges-Étienne Cartier Parkway to the 2nd roundabout. **.4 km**
3. Turn right and follow the bike path until it meets Lisgar Road. **1.1 km**
4. Cross Lisgar Road and use the sidewalk on the right of Sir Georges-Étienne Cartier Parkway to Acacia Avenue. **.5 km**
Turn right on Acacia Avenue and continue on the sidewalk to 741. **.35 km**
After 741 Acacia Avenue, make your way to the entrance of the National Capital Commission Park on the left (the sign says Rockcliffe Park and the Rockeries) and follow the asphalted path until you see Soper's fountain on your left at the end of the park. **.1 km**
Pass by the fountain on the left, then take the stairs down to a parking lot. **Cross carefully**, the Sir Georges-Étienne Cartier Parkway to rejoin the cycle path.
Turn right on the bike path and you will see a large sign in approximately 30 m for the Ottawa New Edinburgh Club (white columns). **.2 km**
5. At the sign, turn left and take the stairs down to a gravel path that runs along the Ottawa River. (You can also reach the Ottawa River Pathway about 200 m further if the stairs are not accessible). Take the path on the right and

continue until you reach a junction and sign announcing Orleans. There are rest stops along the path. **7.7 km**

6. At the junction, 'Orleans', turn right and climb a small hill.



There are toilets on the right.

At the top of the hill, keep left and take the path that enters a forested area.

Continue to follow the bike path. At the next junction, keep right and continue until you reach the Sir George-Étienne Cartier Parkway. Turn left and cross the bridge. **1 km**

7. After the bridge, resume walking on the bike path. Continue until you reach Radisson Way, which ends at Hiawatha Park Road. **3.2 km**
8. Turn right on Hiawatha Park Road up to the bike path on the left. **.17 km**
9. Follow the bike path until you reach a side path that takes you to Orleans Boulevard. **.45 km**
10. Turn right on the path leading to Orleans Boulevard and continue right until you reach Saint-Joseph Boulevard. **2 km**
11. Turn left on Saint-Joseph Boulevard and continue until you reach the evening's accommodations. **.9 km**



Accommodation

- Parish Presbytery Saint-Joseph d'Orléans, 2757 Saint-Joseph Boulevard.
- Report to the office before going to the basement.
- Use the door on the right side of the church on Saturdays and Sundays.
- Contacts:
 - Office telephone number: Kathleen Blain, 613-824-2472
 - Monseigneur Maurice Dionne, 613-824-7983.
- Before leaving, please take note of the code for the key box for your accommodation in Masson.



Services

- WiFi is available.
- Please note that there are no showers.
- Services and restaurants are nearby.



Blue Line, 613 238-1111.

Day 2: Orleans to Masson (Gatineau)—14 km

1. Upon leaving your accommodations, turn left on Saint-Joseph Boulevard and continue to the traffic circle. Restaurant service is available 1 km from your accommodation. **4.0 km**
2. Cross the traffic circle, continuing straight on Old Montreal Road. Walk on the left shoulder of the street up to Cameron Street. **6.5 km**
3. Turn left on Cameron Street and continue until you reach the ferry.
Consider taking a health break here before taking the ferry across the Ottawa River (Rivière des Outaouais) from Ontario to Québec. **.5 km**



Take the ferry (cash needed).

4. On the Quebec side, keep right on Chemin du Quai to rue du Bass. (You can take a break at Parc Jack-Eyamie on your right just before rue du Bass and even cross it to get to rue Camille-Deslauriers) **2.0 km**
5. Turn right on rue du Bass, left on rue Camille Deslauriers, right on rue des Frères-Moncion, then left on rue Lombard, cross the R-148, continue on rue Lombard until rue de l'Aréna. The accommodation is at the corner of rue Lombard and the Aréna. **1.0 km**



Accommodation

- Centre sportif Robert-Rochon (Aréna de Masson-Angers), 97 rue de l'Aréna, Gatineau.
- Accommodation is in the Salle des bénévoles (Salle Maclaren). Walk along the arena, keeping left. An arrow indicates 'Salle des bénévoles'. The entrance is behind the arena.
- The code for the key box will be given to you by your guide on the morning of departure. Otherwise, you will have taken note of it in Orléans.

- A person will collect the accommodation fee at the Aréna.
- Please note that there are no showers.
- A kitchenette is available.
- Contact : Mme Jennifer Gratton (a volunteer) 819 281-4976.



Services

- WiFi is available
- Convenience store and restaurants are nearby.

Day 3: Masson (Gatineau) to Thurso—20.5 km

 See Alternate Route (optional).

1. Turn right on rue de l'Aréna then left on rue des Servantes until chemin de Masson. Cross the R-148/315 **1.0 km**
2. Take the cycle path on the right until l'avenue Lépine. **3.6 km**
3. Turn right on Avenue Lépine and continue straight ahead until chemin Pagé. There is a wayside cross. **3.2 km**
4. Turn right on chemin Pagé and continue straight ahead until chemin Linda. **1.1 km**
5. Turn left on chemin Linda, which becomes 3^e Rang.



After 1.2 km, at 1101, there is a rest stop.



Further, about 3.6 km, you can stop at a small Scottish cemetery where there are two benches.

Continue straight until the stop sign, Montée Berndt. **5.4 km**

6. Turn left on Montée Berndt.



There is a rest stop and toilets in the garage at 16 Montée Berndt.

Continue on to 4^e Rang (also called chemin Craig) where there is a wooden wayside cross. **1.6 km**

7. Turn right on 4^e Rang.



There is a rest stop at 829, 4^e Rang, at 'Notre petite ferme'.

Continue straight ahead until you reach the stop sign at the R-148, right after the railway tracks. **3.2 km**

8. Turn left onto R-148 (which becomes rue Victoria in Thurso) and continue straight ahead until you reach St-Jean-l'Évangéliste Church.

The evening's accommodation is in the back of the yard, beside the church. **1.4 km**



Alternate Route: Masson to Thurso—15.9 km

1. Turn left on rue de l'Aréna until the 2nd junction of rue Bouchard. Turn right to get to chemin de Montréal (R-148). **.3 km**
2. Turn left on chemin de Montréal (R-148) until chemin Pagé. **3.3 km**
Be careful on R-148, as it is very busy.
3. Turn left on chemin Pagé until chemin Linda. **1.5 km**
4. Turn right on chemin Linda, which becomes the 3^e Rang.



Further on, at approximately 3.6 km, there is a small Scottish cemetery with a rest area.

5. Keep right and continue until the stop sign at montée Berndt. **5.4 km**
6. Follow the previous steps, starting at step 6.



Accommodation

- The accommodation is at the back of the courtyard, between the church and the presbytery located at 356 Victoria Street.
- Take the key from the church sacristy; instructions are provided on site for returning the key the following morning.
- Contact: Sacristy, Mrs Louise Leblanc 819-707-0580 (emergency only).
- Sleeping mattresses can be found upstairs.



Services

Services and restaurants are nearby.

Day 4: Thurso to Plaisance—18.5 km **



See Alternate Route (optional).

1. Turn right on rue Victoria (R-148). At the traffic lights, turn left on rue Galipeau and continue until you reach the bike path on the right after rue Bill-Clément. **1.0 km**
2. Take the bike path (after 500 m it turns into a dirt track) and cross the R-317 (first road that you cross) and continue straight until 5^e Rang E. (Second unmarked paved road). **1.7 km**
3. Turn right on 5^e Rang E and continue until you reach the T intersection at Montée du Gore (about 1.7 km after Montée Steiner). **5.1 km**
4. Turn left on Montée du Gore.



In 35 m (at the corner of 3^e Rang), there is a rest area with a cross, and a shelter, table and outdoor toilet.

Continue straight ahead on Montée du Gore until you reach chemin du 4^e Rang du Gore where there is a wayside cross. **2.6 km**

5. Turn right on chemin du 4^e Rang du Gore and continue until you reach Rang Malo.

Enter Parc des Chutes de Plaisance on your right, just after the bridge over Rivière de la Petite-Nation. Entrance is free for walkers. **2.4 km**



There are washrooms and picnic tables available.

6. When leaving the falls, return to Rang Malo and keep right. Continue until you reach the T intersection at Montée Papineau. **1.6 km**
7. Turn right on Montée Papineau, which becomes rue Papineau. Continue to rue Principale (R-148). Cross rue Principal and continue right on chemin des Presqu'îles in order to reach tonight's accommodation. **4.1 km**



Alternate Route: Thurso to Plaisance—15.0 km

1. Turn right on rue Victoria (R-148).
At the traffic lights, turn right on rue Galipeau and continue until you reach the visitor centre on the left for Parc national de Plaisance, just before reaching the ferry. An entry fee is charged by park authorities (SEPAC). **1.5 km**
2. Take the path called Sentier des Outaouais to the Sentier de la Baie Noire. **5.5 km**
3. Turn left on the path called Sentier de la Baie-Noire, continue until Sentier de la Carrière. **1.6 km**
4. At the signpost, turn right on Sentier de la Carrière and continue until you reach rue Legault (just after the bridge). **3.8 km**
5. Turn right on rue Legault and then slightly right on Sentier de la Carrière to chemin des Presqu'îles. **2.4 km**
6. Turn left on chemin des Presqu'îles until you reach the night's accommodation. **.2 km**



Accommodation

-
- 49, chemin des Presqu'îles.
 - The accommodation is in the basement of the house. To access, walk along the left side of the house and enter through the second door. A poster will indicate where to enter.
 - A shower is available.
 - There is a washer and drier available for an extra cost.
 - Contact: Mrs Anne Thinkler.
 - If you are going to arrive in Montebello (next stop, Day 5) on a Saturday or Sunday, please take note of the instructions displayed here, in Plaisance, to obtain the key for the accommodation in Montebello and how to return it.



Services

- There is a grocery nearby, open from 7:00 am–10:00 pm.
- There is also a snack bar and restaurants nearby (variable operating hours).
- It is also possible to order meals for delivery from Papineauville.

Day 5: Plaisance to Montebello—23.4 km **

1. When you leave the accommodation, turn left on chemin des Presqu'îles, cross rue Principale (R-148). Continue on rue Papineau (which becomes Montée Papineau) and continue straight until the T-junction (about 400 m past Highway 50). At the intersection, there is a wayside cross, rang St-Louis on the left and chemin des Cascades on the right. **5.1 km**
2. Turn right on chemin des Cascades.



There's a rest stop in 1.9 km at Domaine Mangalica, number 452.

- Continue on chemin des Cascades, which becomes Côte de Cascades. **6.7 km**
3. At the stop sign, turn right on Côte de Cascades (follow the signs for A-50/R-321. Attention: do not go straight, this leads to a dead-end), go under the Highway 50 overpass; turn left at the stop sign to continue on Côte des Cascades. At the stop sign, turn right towards R-321. **1.1 km**
 4. Turn left on R-321 towards Saint-André-Avelin, and continue until chemin Saint-Hyacinthe. **1.0 km**
 5. Turn right on chemin St-Hyacinthe, which becomes chemin de la Rouge just after the bridge. **1.4 km**
 6. At the fork, turn right on chemin Saint-Hyacinthe. Continue straight to the viaduct of Highway 50. You will cross chemin Woodward and Côte Birabin-Saint-Denis before arriving at the viaduct. Cross the viaduct and continue to the right on chemin St-Hyacinthe to a small stone bridge. **4.4 km**
Immediately after the bridge, turn right on chemin des Lièvres and right again on chemin Richelieu at the intersection. **.7 km**
Turn right on chemin Richelieu. After 250 m, turn left on Chemin des Golfeurs, then left (follow the curb) on chemin des Balles-Perdues, which turns back into chemin des Golfeurs.
Continue on chemin des Golfeurs until you reach the R-323. **2.4 km**
 7. Turn right on rue Notre-Dame (R-148) and continue until you reach rue Bonsecours on the left. **.6 km**



Accommodation

- Centre communautaire, 220a rue Bonsecours.
- A shower is available.
- The key is available at the town hall on weekdays. To retrieve the key on weekends, instructions will be given to you by your guide on the day of your departure. Otherwise, the information is available in Plaisance.
- Each walker deposits the amount requested for accommodation in the envelope provided.
- Contact: Pierre Bertrand, Municipal Councilor, 819 923-6613.



Services

- If you are reading the guide online, click the following link to read historical and tourist information: [Montebello, QC](#).
- Services and restaurants are in the area.



Taxi Montebello, 819 423-4011.

Day 6: Montebello to L'Original—23.9 km

1. From the Centre communautaire, return to rue Notre-Dame (R-148), and turn left and continue straight ahead until you reach Côte du Front (on the left, before the bridge). **2.3 km**
2. Turn left on Côte du Front, which runs parallel to the R-148. Follow this small road, cross a bridge and continue until the road rejoins the R-148. **1.6 km**
3. Turn left on rue Notre-Dame (R-148) and continue until you reach chemin du Traversier. Turn right and go to the dock. **1.1 km**



Take the ferry with your group towards Lefavre (cash needed). The owners prefer making the crossing with a minimum of 5 people when there are no cars aboard.

4. When leaving the ferry (toilets available), climb the hill and turn left on Lajoie Street / Concession Rd 1. Continue until you reach a sign for Montreal (intersection with Bay Road). **5.2 km**
5. Turn right on Bay Road (County Road 24), and continue up to a T intersection. **2.9 km**
6. Turn left on Bay Road and continue until you reach a small park at the entrance of L'Original village.



Along the route, you will find a rest stop at 2970 Bay Road (water but no toilet). Water is available at 1756 Bay Road. Toilettes are available if the owners are home.

9.6 km

7. Turn left on King Street which turns into Front Road W and continue until you reach the municipal campground. There is a convenience store approximately before your accommodation. **1.2 km**



Saturday and Sunday, please arrive at the campground **BEFORE** 4 p.m. If you arrive after 4 p.m., you will have to wait until 5 p.m. for Security to let you in.



Accommodation

- Community Centre, Municipal Camping, 772 Front Road W.
- Contacts :
 - Madame Melanie Lariviere, 613 678-3601. Emergency only during the week.
 - For emergencies on the weekend, contact the person in charge of the campsite.



Services

- A clothesline, washer/drier, and a beach are available.
- Please note: it is strictly forbidden to dry your underwear outdoors (instructions from the municipal campsite for all campers).
- Meals can be ordered from Hawkesbury and L'Original. Brochures are available at the Centre. There are several restaurants in Hawkesbury, 7.5 km away.
- Heading towards Chute-à-Blondeau, you could enjoy a stop at a restaurant in Hawkesbury.



Hawkesbury Taxi, 613 632-1151.

Day 7: L'Original to Chute à Blondeau—19.3 km

1. Return to Front Street W and turn left.

Continue straight ahead on this street which runs along the Ottawa River (*Rivière des Outaouais*) until you reach a T intersection at Regional Rd 4 or Main Street W. **4.6 km**

2. Turn left on Main Street W and continue until you reach McGill Street / du Chenail Boulevard. **2.5 km**

3. Continue straight ahead on Main Street E (there are many shops here) until Tupper Street (car dealership at the intersection). **2.5 km**

4. Past Tupper Street, Main Street E becomes Front Road. Continue straight ahead alongside a bay.



There is a small park on the left at 2944 Front Street.

A little further, there is a stream; it is said that Dollard Des Ormeaux fought a battle at the foot of this stream.

Continue until you reach the evening's accommodation. Note that Front Street becomes Principale Street in the village of Chute-à-Blondeau. **9.7 km**



Accommodation

- Community Centre, 2005 Principale Street. Enter at the back, on the river side at ground level.
- If an event is taking place at the Community Centre, walkers will be moved to the sacristy for the night.
- If you have to sleep in the sacristy, the Community Centre showers will only be available the following morning.
- Contact: Mrs Joanne Crête, 514 715-4383.



Services

- Food can be purchased on site for snacks and lunch.
- Meals for supper can also be ordered from Hawkesbury.

Day 8: Chute-à-Blondeau to Rigaud—22.7 km

1. Turn left on Front Street and pass by the entrance to Voyageur Provincial Park. **4.3 km**
2. Continue on Front Street, using the viaduct to pass over the R-417 and continue straight ahead until you reach Concession Road 1 (Conc 1). **.9 km**
3. Turn left on Concession Road 1 and continue until you reach the corner of Grande Montée Road, in the direction of Pointe-Fortune. **5.2 km**
4. Turn left on Grande Montée Road, using the viaduct to pass over the R-417 and continue straight ahead to the R-342. **.4 km**

Turn right on the R-342 towards Rigaud.



Rest stop and toilets can be found at the Camping transcanadien in 4,3 km at 960 on the R-342.

There's also a convenience store and a pergola.

Use the viaduct to pass over Autoroute 40. The R-342 turns into rue St-Jean-Baptiste O at the entrance to the town of Rigaud.

Cross the bridge and continue straight ahead (about 100 m) until you reach rue Saint-Pierre. **10 km**

5. Turn right on rue Saint-Pierre, pass by Église Sainte-Madeleine and continue until you reach rue Bourget.

Turn left on rue Bourget, then right on Rue de Lourdes. Make a slight left to continue on rue de Lourdes until you reach Our Lady of Lourdes Sanctuary.

Present yourself at the Sanctuary Boutique **1.9 km**



Accommodation

- [Our Lady of Lourdes Sanctuary](#), 43 rue de Lourdes.
- Accommodations can be found in the basement of the Shrine's souvenir shop.
- Contact: Père Jean-Claude Secours, 450 451-5385, ext. 235.



Services

- There are several restaurants and convenience stores in Rigaud.
- Meals can also be ordered from your accommodations.
- For breakfast, there are restaurants on rue St-Jean-Baptiste and others just before reaching Highway 40.



Taxi 3000, 450 451-3000.

Day 9: Rigaud to Hudson—15.5 km

1. Follow rue de Lourdes, turn left on rue Saint-Viateur and continue straight ahead to rue St-Jean-Baptiste. **1.9 km**
2. Turn right on rue St-Jean-Baptiste E / chemin de la Grande-Ligne (R-342) and continue straight ahead until the viaduct of Highway 40. **1.1 km**



Services and restaurants are available near the intersection.

3. Pass the viaduct and continue straight ahead on rue St-Jean-Baptiste until a Y intersection (just after rue du Bosquet). Keep left, in the direction of the railway tracks. Do not continue on the R-342 (chemin des Prairies, which curves to the right). **2.5 km**
4. Cross the railway tracks and continue straight ahead on chemin de l'Anse which eventually turns into rue Main.

There is no shoulder. Be very careful.



After 8 km, you will find St-James Anglican Church at 642 rue Main. A bench is available outside and you have access to toilets and water if the church community room, located at the rear of the church, is open.



At Hudson, about 1.5 km further, restaurants, a grocery store and other services are available.

5. Continue walking to the accommodation. **10 km**



Accommodation

- L'Église St-Thomas d'Aquin, 413, rue Main, Reid Room west side of the church, in the basement.
- The key is available in the presbytery. Return to the same place when you leave in the morning.
- A shower is available at the presbytery, upon request.
- Contact: Père Roland Demers or Père Maricialano, 450 458-5322.



Services

Services and restaurants are nearby.



Taxi St-Lazare Hudson, 450 424-1000.

Day 10: Hudson to Sainte-Marthe-sur-le-Lac—20.7 km

1. Turn right on Main Street and continue straight until the ferry. **3.8 km**



Take the ferry to Oka (cash needed).

2. Leaving the ferry, continue straight on Rang de l'Annonciation and just before the ball field, take the bicycle path on the right until rue St-Jean-Baptiste **.8 km**

3. Turn right onto rue St-Jean-Baptiste, then left on rue St-Jean-Baptiste and follow the bike path called Route Verte 1. Turn right on Rue St-André until rue-St-Sulpice (Route Verte 1) then turn left and follow the bike path.

Continue on the bike path and cross Parc national d'Oka. In about 3.2 km, you will cross chemin du Camping. Continue following the bike path (Route Verte 1/ chemin des Collines) until you reach a junction with a road going towards Deux-Montagnes on the right. **9.0 km**

4. Take the path going to the right (Route Verte 1) and continuing on the bike path.



There's a bench in about 2.7 km, near Lac de la Sablière at Pointe-Calumet.

Continue on the bike path, passing by the Super Aqua Club, until you reach 30^e Avenue in Sainte-Marthe-sur-le-Lac about 3.9 km further.

Note that the avenue numbers are in descending order until they reach 1^e in Pointe-Calumet and resume at 45^e in Sainte-Marthe-sur-le Lac. **6.3 km**

5. Turn left on 30^e Avenue just until chemin d'Oka.

Turn right on chemin d'Oka, go 150 m and turn left on rue de l'Église. Go to the door between the church and the presbytery, at the end of the parking lot. **.8 km**



Accommodation

- Presbytery, 3101 rue de l'Église, Ste-Marthe-sur-le-Lac.
- Contact: M. Roger Brunet, 450 473-2492.
- Pick up the key from apartment #7, which is opposite to the parking lot H.L.M.



Services

Services and restaurants are nearby.



Call Laval today to confirm your arrival the next day and speak to Sister Mariette Desrochers, 438 403-8486.
If there is no answer, call Partage Saint-Maxime, 450 973-4242.

Day 11: Sainte-Marthe-sur-le-Lac to Laval—20.7 km **



In the boxes below, two alternate routes are suggested for this leg of the journey:

- a. At the beginning of the route, follow steps 1-3, towards the Benedictine Abbey Sainte-Marie des Deux-Montagnes.
- b. At the end of the route, follow steps 11-13, a more leisurely alternative by way of Promenade des Îles.

1. Turn left on chemin d'Oka and go to the traffic lights at Boulevard des Promenades. **.9 km**
2. Cross Boulevard des Promenades and take the bike path. It is parallel to chemin d'Oka and winds its way towards a wooded area in 10 m. (arrow) Continue until you reach Boulevard Deux-Montagnes. **2.4 km**
3. Upon leaving the wooded area, cross the boulevard and continue straight ahead on the bike path (parallel to the railway tracks when leaving the wooded area) until the bike path ends (intersection of 16^e Avenue and rue Guy). **.5 km**
4. Turn left on 16^e Avenue, left again on rue Montclair, right on 15^e Avenue and continue until you reach rue Henri-Dunant. **.5 km**
5. Turn left on rue Henri-Dunant, then right on 8^e Avenue and continue until you reach the bridge over the dam parallel to the railway tracks. **2.1 km**
6. Cross the bridge over the dam. At the end, turn right on rue des Érables and cross the railway tracks.
Follow the bike path on the left side of rue des Érables). Continue on rue des Érables until you reach the convenience store on rue des Plaines. rue des Érables now turns into chemin du Bord-de-l'Eau. **2.8 km**
The shoulder of the road is narrow. Be careful.
7. Continue straight ahead on chemin du Bord-de-l'Eau until you reach Boulevard Samson. Do not continue on Boulevard Samson. **3.3 km**
8. Take chemin du Bord-de-l'Eau on the right.



After 1.1 km, you are in the nature park Couvrette where you will find benches, tables, access to the river in 100 m, and explanatory panels on birds and fish.

1.5 km further, facing 341 chemin du Bord-de-l'Eau, you will find a small representation of Calvary built in stone by Sauriol in 1925.

Continue until you reach rue Cléophas-Charbonneau, on your left. You will first see rue des Anémones on your right. **3.6 km**

9. Turn left on rue Cléophas-Charbonneau and continue until you reach Boulevard Samson. **.2 km**

10. Turn right on Boulevard Samson and use the viaduct to pass over Autoroute 13.

Immediately after crossing the viaduct, take the bike path on the right. Continue on this bike path to Boulevard Lévesque O (T-junction). **1.1 km**

11. Turn left on Boulevard Lévesque O and continue until it joins Boulevard Samson. **1.2 km**

12. Go right on Boulevard Samson for 300 m (to the shopping centre), then turn right on another segment of Boulevard Lévesque O and continue until you reach the church. **2.1 km**



a. At the beginning of the route: alternate route towards the **Bénédictine Abbey Sainte-Marie des Deux-Montagnes (.7 km shorter).**

1. When leaving the Sainte-Marthe Church presbytery, turn left on chemin d'Oka and continue straight ahead until the Benedictine Abbey, located at 2803 chemin d'Oka. **2.8 km**

It is open to walkers at 6:45 a.m. Visit:

<https://abbayesaintemarie.ca/>

Lauds or morning prayers are sung at 7 a.m.

Mass is at 10 a.m.

2. When leaving, turn left on chemin d'Oka and continue until you reach the lights at 20^e Avenue. Turn right on 20^e Avenue, then left on Boulevard du Lac.

Turn right on 8^e Avenue and continue until you reach the bridge over the dam. **2.8 km**

3. Follow directions for the main route, starting at Step 6.



b. At the end of the route: a more leisurely alternative by way of Promenade des Îles, after the bike path between Samson and Lévesque (.7 km longer)

11. Turn left on Boulevard Lévesque O and continue until you reach Promenade des Îles. **.9 km**
12. Turn right on Promenade des Îles, pass through Île Du Tremblay and Île Paton islands, and keep going, cutting through Berthiaume-Du Tremblay park as you approach Boulevard Lévesque O. **1.7 km**
13. Turn right on Boulevard Lévesque O and continue straight ahead until you reach Saint-Maxime Church. **1.4 km**



Accommodation

- St-Maxime Church Presbytery, 3700 Boulevard Lévesque O between 80^e Avenue and 77^e Avenue.
- Go to the church basement, from the left side of church. Ask for Sister Mariette Desrochers, 438-403-8486. If there is no answer, call Partage Saint-Maxime, 450-973-4242.



Services

Services and restaurants are nearby.



Taxi Coop, 450-688-8700.

Day 12: Laval to Saint Joseph's Oratory, Montreal—12.7 km

1. When leaving the presbytery, go towards the river; you will see Saint-Maxime school on your left. Then turn left on the bike path along the Rivière des Prairies to the Lachapelle Bridge. Cross the bridge using the sidewalk on the right. **1.2 km**

At the end of the bridge, turn right and use the bike path to go under the bridge.

2. Continue straight ahead on rue Lachapelle, then turn left on rue du Bocage. There's a small curve to the left and then the street.



Turn right on rue Notre-Dame-des-Anges, walk 50 m and turn left, entering Parc Raimbault (benches).

Near a wooded area in the park, turn right on the path and follow it until you reach Boulevard Gouin O. **1.5 km**

3. Turn left on Boulevard Gouin O and continue straight ahead until you reach Boulevard O'Brien. **.12 km**

4. Turn right on Boulevard O'Brien (which becomes Avenue O'Brien after Boulevard Henri Bourassa) and follow until you reach rue Lapointe. It's the second street after the food market Mourelatos, just after the African Church. **2.4 km**

5. Turn left on rue Lapointe, then right on Avenue Sainte-Croix and continue until you reach Boulevard Côte-Vertu O. **1.1 km**

At the intersection behind the bus shelter, you will see the Saint-Frère-André Monument: 'Frère André, 1845-1937, died in this hospital, Wednesday, January 6, 1937'.

6. Continue on Avenue Sainte-Croix and pass under the Autoroute 40. **1.6 km**

Avenue Sainte-Croix turns into chemin Lucerne. Follow chemin Lucerne and turn left on Avenue Algonquin. Continue until you reach chemin St-Clare. **.9 km**

Turn right on chemin St-Clare which winds its way towards rue Jean-Talon O and turns into Chemin Côte-des-Neiges. **1.2 km**

7. Continue straight ahead on chemin Côte-des-Neiges until you reach chemin Queen Mary. **2.2 km**

8. Turn right on chemin Queen Mary and go up towards Saint Joseph's Oratory on your left.

Go to the reception office for pilgrims to get this leg of your journey validated and make arrangements to receive your certificate by mail.

.5 km



Please note: no certificate will be issued if the register is not signed or once the Oratory has closed its books.

Daily Route Validation (for printing)

Orléans Date:	Masson (Gatineau) Date:	Thurso Date:
Plaisance Date:	Montebello Date:	L'Orignal Date:
Chute-à-Blondeau Date:	Rigaud Date:	Hudson Date:
Sainte-Marthe- sur-le-Lac Date:	Laval Date:	Montréal Date:



Tout en marchant ...