

Itinerary Guide 2025



Before diving into the preparations for the walk, here are a few words to remind you of the philosophy of the Chemin des Outaouais.

MARCHER...

Prendre du temps
Pour n'avoir d'autre occupation que marcher

Éprouver la fatigue du corps,
Quitter le monde habituel du confort si mou,

Emporter juste ce qu'il faut,
Se délester de l'inutile et s'en aller,
Un pas devant l'autre, à la force de ses moyens.

Ce ne sont pas les grandes distances
Qui comptent mais la volonté
De s'arracher aux habituels paysages.

Progresser sur le chemin malgré l'envie d'arrêter,
Faire jaillir les ressources cachées en soi
Pour avancer encore, malgré les obstacles,
Malgré la soif, malgré la pluie et cet insidieux désir
De se coucher, découragé,

Faire des étapes, s'orienter, s'essouffler, s'épuiser
Et retrouver la pleine saveur du pain et de l'eau,
Si simple, mais qui revigorent, se nourrir
De la présence des Autres
Qui stimulent et Soutiennent

Marcher, n'est-ce pas la vie ?

(auteur inconnu)

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Notes

- If you are not going to print the guide, please print the [Daily Route Validation](#) page (at the end), as you may want to have it signed or stamped each night, at each lodging.
- If you are going to print the guide, the finished size is 8.5" x 5.5". You could also ask the printer to add a coil binding at the top.
- The term "walker" includes pilgrims, hikers, and anyone who wants to take on the "Chemin des Outaouais" challenge, regardless of their personal beliefs.

Complements to the Itinerary Guide

Review the [Frequently Asked Questions \(FAQ\)](#) on our website.

Before and during your Chemin des Outaouais walk, it is your responsibility to review the information presented in this Itinerary. You will find a wealth of information in both. For example, a partial list of grocery stores on your route can be found in the Services section of the Itinerary.

Digital Maps

To familiarize yourself with the route of your Chemin, review daily itineraries in advance on our internet maps:

<https://chemindesoutaouais.ca/index.php/etapes>.

We have also prepared maps that work with certain applications used with smartphones, tablets or GPS devices. These maps detail itineraries for each day and are available in GPX format (https://drive.google.com/open?id=1-9PVf8zECV74apMSMkklMeNv6kTA1yly&usp=drive_fs)

or KMZ format (https://drive.google.com/open?id=1-GTPlqZf9WeqbWteOUfT22p7p1oCxxRg&usp=drive_fs).

Liability and Physical Damages

Walking long distances involves risks. It is **imperative** that each walker respects the rules of the road, bike paths and any other trail during your walk.

It is also essential that each walker follow the rules of your accommodation hosts as well as, at rest stops.

The Chemin des Outaouais disclaims all liability for malaise, accidents, loss or theft of equipment or any injury of any nature that a person may suffer during the activities or on the premises of accommodation it organizes.

Walkers are responsible for their own safety.

Be careful. Exercise caution. Watch for traffic.

In case of emergency, call 911.

Accommodations

The Chemin des Outaouais cannot be held responsible for charges in the event that any group offering accommodations should withdraw their offer once the trip has already started.

Only registered walkers for the Chemin des Outaouais have access to the accommodations listed in this itinerary. Registered walkers receive a badge that identifies them. In addition, a list of walkers is distributed to the hosts of each accommodation.

There may be additional information left at some accommodations, on notice boards, for example, how to get the key for the next accommodation. Please take note.

Guidelines

- On roads where there are no sidewalks, walk on the left shoulder of the road, facing traffic. Take note of any road signs along the road.
- Ensure you have a daily supply of water and food for your walk. Don't hesitate to knock on a door if necessary.



You will see this poster at **rest stops**. If you have a cell phone, you can scan the QR code. It provides access to the Chemin des Outaouais website.



You will see this poster at your nightly **accommodation**. If you have a cell phone, you can scan the QR code. It provides access to the Chemin des Outaouais website.

- Get your [Daily Route Validation](#) (on the inside back page of the Itinerary) stamped or signed at each of your accommodations.
- **IMPORTANT: You must leave your accommodation before 9 a.m. and not arrive at the next accommodation before 2 p.m.**
- If you abandon the walk, you are strongly encouraged to pay in cash, via another walker, the amounts requested by the hosts for the place you were to occupy. This donation ensures a certain sustainability of our accommodation.
- Please note that the requested amount is determined by the hosts. The Chemin des Outaouais is not responsible for determining the amount.
- Without our hosts there would be no Chemin des Outaouais. Out of consideration for accommodation providers and other walkers, you are asked to keep accommodation areas clean.

- **Bedding is not provided.** Bring a pillowcase and a sleeping bag. A mattress is provided as well as a pillow and, in some places, blankets.
- With a few exceptions, laundry services are not available.
- The distances indicated in the Itinerary come from Google Maps. Remember that sometimes mobile phones, GPS and Google Maps do not agree on distances.
- Please respect the environment. Leave no imprint on your route, except that of your steps!
- Walkers must comply with the Covid measures put in place by the provinces.
- You are encouraged to share your emergency information with someone in your group.

Photos

Do you have photos of your walk to share? Send them to us here:


photo@chemindesoutaouais.ca.


By agreeing to send us your photos, where people are recognizable, you consent to their publication and distribution on our social media (eg: Facebook, CDO Website, Twitter and Instagram) for purely promotional purposes.

Day 1: Ottawa to Orléans — 21,1 km

Departure is at 8:00 am from the steps of Notre Dame Cathedral Basilica, 385 Sussex Drive, Ottawa.

Your guide may lead you to the shore of the Ottawa River by an alternative route. The route indicated here is more direct.

Total (km)	DIRECTIONS	Segments (km)
0	<p>Leaving Notre Dame Cathedral Basilica, turn right on Sussex Drive and walk to the first roundabout. En route, you will pass the Royal Canadian Mint, Global Affairs Canada, Rideau Falls the French Embassy, the residence of the Governor General and of the Prime Minister.</p> <p> Walk around the roundabout on the right to the entrance to the official residence and the Governor General where you have access to public toilets.</p>	1.8
1.8	<p>When leaving the entrance to the Governor General's residence turn right on Sussex Drive (now Princess Ave) to the 2nd roundabout. Go around the roundabout on the right, cross and go along the shoulder from Princess Avenue, continue walking to the bike path (Ottawa River Pathway) that branches right just before Sir Georges-Étienne Cartier Parkway.</p>	0.4
2.2	<p>Turn right and follow the bike path until it meets Lisgar Road.</p>	1.1
3.3	<p>Cross Lisgar Road and use the sidewalk on the right of Sir Georges-Étienne Cartier Parkway to Acacia Avenue.</p>	0.5
3.8	<p>Turn right and follow Avenue Acacia, taking the sidewalk on the right.</p>	0.4
4.2	<p>After 741 Acacia Avenue, make your way to the entrance of the National Capital Commission Park on the left (the sign says Rockcliffe Park and the Rockeries) and follow the asphalted path.</p>	0.1
4.3	<p>You will see Soper's fountain on your left at the end of the park. Pass by the fountain and take the stairs to the parking lot. Cross carefully, the Sir Georges-Étienne Cartier Parkway to rejoin the bike path.</p> <p>Turn right on the bike path and you will see a large sign in approximately 30 m for the NCC River House / Maison riveraine de la CCN.</p>	0.2
4.5	<p>At the sign, turn left and take the stairs down to a gravel path that runs along the Ottawa River. (You can also reach the</p>	7.8

	Ottawa River Pathway about 200 m further if the stairs are not accessible). Take the path on the right and continue until you reach a junction and sign announcing OrLéans. There are rest stops along the path.	
12.3	At the junction, turn right and climb a small hill towards OrLéans.  There are toilets on the right.	1
	At the top of the hill, keep left and take the path that enters a forested area. Continue to follow the bike path. At the next junction, keep right and continue until you reach the Sir George-Étienne Cartier Parkway. Turn left and cross the bridge.	
13.3	After the bridge, continue walking on the bike path until you reach Radisson Way. Keep right on Radisson Way until Hiawatha Park Road.	3.2
16.5	Turn right on Hiawatha Park Road until the bike path on the left.	0.2
16.7	Take the bike path towards Île Pétrie until the junction towards rue Champlain.	2.2
18.9	Turn right: you are on Champlain Street. Continue to the Place d'OrLéans shopping center (you arrive in front of entrance 1).	1.2
20.1	Facing entrance 1, go to your right and follow the Shopping Center to boul. St-Joseph which you take on your right. Continue to accommodation.	1,0
21,1	Arrival.	



Accommodation

- Cost: 30\$
- Parish Presbytery Saint-Joseph d'Orléans, 2757 Saint-Joseph Boulevard.
- Report to the office before 5:00 pm and before going to the basement. Mass is at 7:00 pm so you can access your accommodation at the end of the mass, around 7:30 pm. Your room is near the toilets.
- Shower available.
- Contacts :
 - Office telephone number (before 5.00 pm: Kathleen Blain, 613-824-2472
 - For emergencies and weekends: Father Appolinaire Ntamabyaliro, 613 590-5961
- Before leaving, please take note of the information that is on the poster. The code for the key box of your accommodation in Buckingham is indicated there, as well as the code for the key box for your accommodation in Montebello. Other informations may be posted.



Services

- There are many services and restaurants nearby.

For tomorrow : Day 2




The Lucien-Houle Aquatic Center in Buckingham, located about a fifteen-minute walk from the accommodation, allows our walkers to take a shower for free. Procedure: call today at 819 243-2345 ext. 3066 today to enquire about the opening schedule and advise how many people will want to take a shower. Address: 580-A, rue Maclaren Est. Buckingham



Blue Line 613 238-1111.

Day 2 : Orléans to Buckingham (Gatineau) — 21.7 km

Total (km)	DIRECTIONS	Segments (km)
0	When leaving the accommodation, turn left onto boul. Saint-Joseph then turn left onto Place d'Orléans; walk along the Shopping Center to entrance 1. Restaurants just before.	1
1	Take Rue Champlain (facing entrance 1) and continue to the bike path.	1.2
2.2	Take the bike path on the right; at the Y intersection, keep left and continue to the end of the bike path: you arrive at Tweddle rd.	3.4
5.6	Turn left onto Jeanne-d'Arc blvd until Trim rd.	0.2
5.8	Turn right on Trim rd.; at the roundabout, turn left and continue on Trim rd.	1.2
7.0	Turn left on Old Montreal rd/Ottawa 34 and continue to Cameron Street.	6.4
13.4	Turn left on Cameron Street and continue until you reach the ferry. Consider a break here before taking the ferry across the Ottawa River to Québec.  The ferry accepts cash, credit card or Interac, using 'tap'.	0.5
13.9	On the Québec side, continue along chemin du Quai, which joins R-148N/315N (chemin de Masson).	2.2
16.1	Follow chemin de Masson (R-315N) to the railway track which you cross. Continue about 20 meters and take the bike path on your left.	0.3
16.4	Continue to follow the bike path to avenue Lépine. Want to stop at a grocery store? A small detour by turning right onto Lépine. The grocery store is located at 130, rue Lépine. Retrace your steps to go to the next step.	3.6
20.0	Turn slightly left on avenue de Buckingham (R-315N) to rue Maclaren.	1.4
21.4	Carefully cross avenue de Buckingham, continue on rue Maclaren to your accommodation on the right.	0.3
21.7	Arrival	



Accommodation

- Cost: 30\$
- Sacristy of the Parish of St-Grégoire de Nazianze, 150, rue Maclaren east.
- To access the sacristy, go to door B on the side of the parking lot at the back of the church. The key box access code was provided at your accommodation in Orléans. The key opens both the exterior and the interior doors.
- Upon entering, climb the stairs to the sacristy. You can use the mattresses on the floor in either the sacristy or the church.
- **Please do not use the kitchen in the basement.**
- **If you eat a meal inside the sacristy, please ventilate the room.**
- In the morning, put the mattresses along the sacristy wall before you leave.
- Put the key back in the key box when you leave.
- Please pay for your accommodation in the box provided for this purpose in the sacristy.
- On Wednesdays, there is a prayer group in the sacristy from 1:30 pm to 3:30 pm. You may join them if you wish. Please wait until the group finishes before you place your mattress.
- On Saturdays, there is a mass from 4:00 pm to 5:00 pm. Please wait until the end of the service before you place your mattress.
- Emergency Contact : Hyacinthe Allagbe 819 986-3381 ext. 2
If unavailable: Colombe Mireault 819 743-2789 or
Bernard Hébert 819 281-1956






Services

- A convenience store and restaurants are nearby.
- **Shower:** You can go take a shower at the Lucien-Houle Aquatic Center if you called yesterday to notify the Center of the number of people and checked the schedule. Address: 580-A, rue Maclaren Est



Taxi BMA Soucy 819 986-3332

Day 3 : Buckingham (Gatineau) to Thurso — 17.2 km

Total (km)	DIRECTIONS	Segments (km)
0	When you leave your accommodation, take rue Maclaren to the right for a few meters then turn right on rue Bélanger and turn left on rue Church until rue Dollard.	0.7
0.7	Turn right on rue Dollard until avenue Lépine.	1.1
1.8	Turn left on avenue Lépine and continue straight until Chemin Pagé.	2.8
4.6	Turn right on Chemin Pagé and continue straight until Chemin Linda.	1.1
5.7	Turn left on chemin Linda, which becomes the 3 ^e Rang in the municipality of Lochaber.	5.3
	 About 4.7km further, you can stop at a small Scottish cemetery where there are two benches.	
	 About 200 meters after the cemetery, at 870, 3 ^e Rang, Thurso (West Lochaber), you will find another rest area. Do not hesitate to enter the property. Access to water via an outside tap. Bench and swing. Another bench on the gallery to shelter you from the sun or rain. Toilet accessible only if the owners are present.	
	Continue walking on 3 ^e Rang to the stop sign, montée Berndt.	
11.0	Turn left on montée Berndt.	1.6
	Continue to 4 ^e Rang (or chemin Craig) where there is a wooden wayside cross.	
12.6	Turn right at 4 ^e Rang.	3.2
	 At 829, 4th row, at “Notre petite ferme”, there is a rest area. Picnic table in the yard and balcony at the main house. Drinking water available in the back barn (follow signs) and sink outside. No toilets.	
	Continue walking until the stop sign (R-148), just after the railway line.	
15.8	Turn left on the R-148 which becomes rue Victoria in the village of Thurso. Continue walking until you reach the Saint John the Evangelist church.	1.4
17.2	Arrival	



Accommodation

- Cost: 30\$
- Your accommodation is at the end of the courtyard, between the church and the presbytery located at 350 rue Victoria.
- The first walker to arrive takes the key from the Le Droit newspaper box in the house and turns the "open" sign on the door of the room,
- The last walker to leave turns the door sign to "closed" and puts the key back in the Le Droit newspaper box in the house.
- Shower, two bathrooms, laundry soap provided and clothesline; fridge and microwave.
- Contact:
 - Mrs Louise Leblanc 819-707-0580 (emergency only).
 - There will be another phone number provided in the room.







Services

- Services and restaurants are nearby.
- Given the limited food availability in Plaisance, it may be wise to stock up on supplies for Day 4/5 at the Thurso grocery store.




Taxi Soucy 819 986-3332

Via Plaisance National Park (\$)

Total (km)	DIRECTIONS	Segments (km)
0	<p>Turn right on rue Victoria (R-148).</p> <p>At the traffic lights, turn right on rue Galipeau and continue until you reach the Visitor Centre on the left for Parc national de Plaisance, just before reaching the ferry. A daily access fee is required by SEPAQ to walk through the Park. Bring \$10 in cash or buy online (Sepaq.com) with a credit card. Passes are sold at the visitor center (Maison Galipeau); variable schedule.</p> <p> Toilets at the visitor center.</p>	1.2
1.2	Take the Sentier des Outaouais to the Sentier de la Baie Noire.	5.6
6.8	Turn left on Sentier de la Baie-Noire, continue until Sentier de la Carrière.	1.6
8.4	<p>Keep right and continue walking on Sentier de la Carrière until you reach rue Legault (just after the bridge).</p> <p> At approximately km 9: picnic area.</p> <p>  At approximately km 11, rest area with picnic table and toilets.</p>	3.8
12.2	Turn right on rue Legault and then turn slightly right on Sentier de la Carrière to chemin des Presqu'îles.	1.3
13.5	Turn left on chemin des Presqu'îles until you reach tonight's accommodation.	0.2
13.7	Arrival	

Itinerary via country roads (Note: no access to the Plaisance Falls Park this year. No access to water planned on this route.)

0	Turn right on rue Victoria (R-148). At the traffic lights, turn left on rue Galipeau and continue until you reach the bike path on the right after rue Bill-Clément.	1
1	Take the bike path, which is initially paved, but it becomes a dirt path, cross the R-317 (first road that you cross) and continue walking until 5 ^e Rang E. This is the second unmarked paved road.	1.7

2.7	Turn right on 5 ^e Rang E and continue until you reach the T intersection at Montée du Gore, about 1.7 km after Montée Steiner.	5.1
7.8	Turn left on Montée du Gore.  In 35 m (at the corner of 3 ^e Rang), there is a rest area with a cross, and a shelter with trees, a table and outdoor toilet. Continue walking on Montée du Gore until you reach chemin du 4 ^e Rang du Gore where there is a wayside cross.	2.6
10.4	Turn right on chemin du 4 ^e Rang du Gore and continue until you reach Rang Malo.	2.4
12.8	Turn left on Rang Malo and keep right. Continue until you reach the T intersection at Montée Papineau.	1.6
14.4	Turn right on Montée Papineau, which becomes rue Papineau. Continue to rue Principale (R-148). Cross rue Principale and continue right on chemin des Presqu'îles in order to reach tonight's accommodation.	4.1
18.5	Arrival	



Accommodation





- Cost : 30\$
- 49 chemin des Presqu'îles.
- The accommodation is in the basement of the house. To access, walk along the left side of the house and enter through the second door. A poster will indicate where to enter.
- The host offers to wash and dry cloth for an extra cost.
- Contact : Mrs Ann-Marielle Tinkler 418 955-7517
- Take note of the key box code for your accommodation in Montebello if you have not already noted it in Orléans.



Services

- A snack bar and a restaurant nearby (opening days and hours vary widely). No grocery store, only one convenience store at the local gas station, limited food options.
- It is also possible to order meals for delivery from Papineauville.

Day 5 : Plaisance to Montebello — 22.2 km **

Total (km)	DIRECTIONS	Segments (km)
0	When you leave your accommodation, turn left on chemin des Presqu'îles, cross rue Principale (R-148). Continue walking on rue Papineau (which becomes Montée Papineau) and continue walking until the T-junction (about 400 m past Highway 50). At the intersection, a roadside cross, Rang St-Louis is on the left and Chemin des Cascades on the right.	5.0
5.0	Turn right on chemin des Cascades. Continue walking on chemin des Cascades, which becomes Côte de Cascades.	6.8
11.8	At the stop sign, turn right on Côte de Cascades (follow the signs for A-50/R-321. Attention: do not go straight as this leads to a dead-end, go under the Highway 50 overpass; turn left at the stop sign to continue on Côte des Cascades. At the next stop sign, turn right towards R-321.	1.1
	 <p>Rest area at 2391, Côte des Cascades. Patio table and umbrella. Toilet and access to water in the residence.</p>	
	 <p>1.8 km further, at 2101, Côte des Cascades (Planchers Lauzon), picnic tables accessible if you do not take the employees' place during dinner time. Water available outside near the entrance.</p>	
	 <p>About 400 m further, fast food area and convenience store.</p>	
12.9	Turn left on the R-321, towards Saint-André-Avellin, continue walking to chemin de la Rouge	1
13.9	Take chemin de la Rouge to the right as far as chemin St-Hyacinthe, which you cross (Roadside Cross – rest area). At the Y intersection, turn right on chemin Saint-Hyacinthe, towards Montebello, arriving at Notre-Dame du Bon-Secours.	5.7
	 <p>Rest area: Municipal building, 1, Chemin de l'Hôtel-de-ville, Notre-Dame-de-Bonsecours. Toilets and water available only during opening hours, Monday to Thursday from 9:00 a.m. to 4:00 p.m. Picnic table and bench outside available at all times.</p>	
	Continue walking towards the Highway 50 overpass. You will cross chemin Woodward and the Côte Birabin-Saint-Denis	

before arriving at the viaduct. Cross the viaduct and continue along the St-Hyacinthe path to a small stone bridge.

19.6	Immediately after the stone bridge, turn right on chemin des Lièvres and continue walking to chemin Richelieu (Y-intersection).	0.7
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From here you can take the alternative route via the Golf de Montebello, quieter and more scenic, but complicated.

Otherwise continue to the next segment.

20.3	Turn left on chemin Richelieu until ch. Le Roy.	0.2
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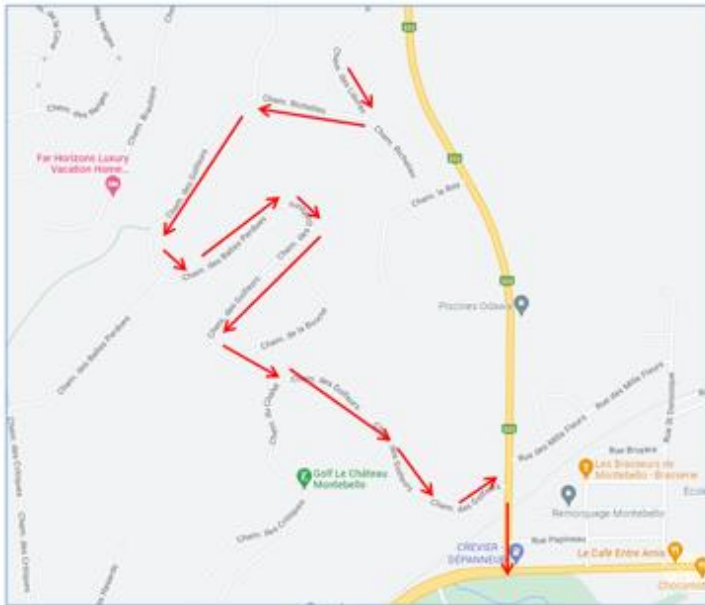
20.5	Turn left onto Ch. Le Roy to the R-323.	0.1
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20.6	Take a right on the R-323 until you reach rue Notre-Dame (R 148).	1.0
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21.6	Turn left on rue Notre-Dame (R-148) to rue Bonsecours; turn left to go to the accommodation.	0.6
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22.2	Arrival	
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4 Trajet alternatif via Golf de Montebello		
Total (km)	DIRECTIONS	Segments (km)
20.3	Turn right on chemin Richelieu. After 250 m, turn left on chemin des Golfeurs, then left following the curve on the chemin des Balles-Perdues which once again becomes the chemin des Golfeurs. Continue to the R-323. See map below.	2.4
22.7	Turn right until rue Notre-Dame (R-148).	0.2
22.9	Turn left on rue Notre-Dame (R-148) and walk to rue Bonsecours, turn left and arrive at your accommodation.	0.6
23.5	Arrival	



Accommodation

- Cost : 30\$
- Centre communautaire, 220a rue Bonsecours.
- Each walker deposits the amount requested for accommodation in the envelope provided.
- Contacts:
 - Jean-François Lahaie, Rentals Manager, 819 423-5123, ext. 3410.
 - In case of emergency, including Fridays and weekends: Mr. Éric Cayer, Municipal Works Manager 819 743-2443.











Services

- If you are reading the guide online, click this [link](#) to read historical and tourist information.
- Services and restaurants are in the area.



Taxi Montebello, 819 423-4011

Day 6 : Montebello to L'Original (Ontario) — 23.9 km

Total (km)	DIRECTIONS	Segments (km)
0	From your accommodation, return to rue Notre-Dame (R-148), and turn left. Continue walking until you reach Côte du Front (on the left, before the bridge).	2.3
2.3	Turn left on Côte du Front, which runs parallel to the R-148. Follow this road, cross a bridge and continue walking until the road rejoins the R-148.	1.6
3.9	Turn left on rue Notre-Dame (R-148) and continue until you reach chemin du Traversier. Turn right and walk to the dock.  Take the ferry with your group towards Lefavivre (cash or Interac e-Transfer). The owners prefer making the crossing with a minimum of 5 people when there are no cars aboard.	1.1
5	 Leaving the ferry, toilets are available near the landing dock. Climb the hill and turn left on rue Lajoie (chemin Concession 1) direction "L'Original". Walk to the intersection of Bay Road identified by a small sign indicating "Route # 17 →".	5.2
10.2	Turn right on Bay Road (County Road 24) and continue walking to a T intersection.	2.9
13.1	Turn left on Bay Road.    There is a rest area at 2282 Bay Road . Picnic table and chairs under a shelter. If the owners are present, access to the toilet and water in the garden house. First aid.    Au 1756 Bay Road , water available and access to toilets if the owners are present. Bottles of water in a cooler if owners are away. Table and chairs in the shade.	9.6
22.7	At the entrance to the village, on the other side of the small park, there is a convenience store. Take left on King Street which becomes Front Road O. Continue to the municipal campground.	1.2
23.9	Arrival	



Accommodation


- Cost 25\$
- L'Original Community Center 772, chemin Front O.
- Contacts :
 - Ms. Mélanie Larivière, Parks and recreation coordinator. For general information: 613 678-3601 (office); 613 872-3872 (cell).
 - Mr. Carl Fournier, Parks and recreation team leader. In the event of an operational emergency (e.g. water leak, broken toilet, electrical problem, etc.): 613 551-7075
- Please deposit the amount requested for accommodation in cash in the envelope provided for this purpose on the entrance table. Don't forget to put your initials on the list of names at Arrival.
- **Please note** : *it is strictly forbidden to dry underwear and/or laundry outside, neither on washing lines nor on fences (instructions from the canton of Champlain). In other words, hang your clothes inside the room.*
- Picnic area and municipal beach at your disposal.
- Kitchen available.
- Do not lock the door when you leave the room so that the next walkers can access it.



Services

- For dinner, it is possible to order meals from Hawkesbury: the menus of some restaurants will be left on the entrance table.




For tomorrow (Day 7):

- Heading towards Chute-à-Blondeau, you might enjoy a stop at a fast food restaurant after about 4.6 km; you can also stop in Hawkesbury for food: it's 7.5 km from the starting point.
- You can also pre-order your dinner prepared by the Manoir Carillon residence in Chute-à-Blondeau. Cost: \$12. Contact Ms. Hélène Pratt 24 hours in advance at: 613 632-3434 or 613 307-1567.
 -  The residence will not prepare dinner for people who do not call in advance.



Hawkesbury Taxi, 613 632-2661

Day 7 : L'Original to Chute-à-Blondeau — 19.3 km

Total (km)	DIRECTIONS	Segments (km)
0	Return to rue Front W and turn left. Continue walking on this street which runs along the Ottawa River until you reach a T intersection at rue Regional 4 or rue Main W. Fast food available next to the gas station.	4.6
4.6	Turn left on rue Main W and continue until you reach rue McGill et boulevard du Chenail. This is the division between east and west Hawkesbury.	2.5
7.1	Continue walking on rue Main E (there are many shops here) until rue Tupper (car dealership at the intersection).	2.5
9.6	Past rue Tupper Street, rue Main E becomes chemin Front. Continue walking on chemin Front alongside a bay.  On the way after 1.4 km, Miner Park on your right: possibility of a break.   4 km further, the park (Township East Hawkesbury Park) is on the left at the exit of the bay. Toilet. A little further, there is a stream where it is said that Dollard Des Ormeaux fought a battle at the foot of this stream. Continue until you reach your accommodation. Note that rue Front becomes rue Principale in the village of Chute-à-Blondeau.	9.7
19.3	Arrival	



Accommodation

- Cost: 30\$
- Community Centre, 2005 rue Principale. Enter at the back, on the river side at ground level.
- If an event is taking place at the Community Centre, walkers will be accommodated in the church sacristy for the night. If you must sleep in the sacristy, the Community Centre showers will only be available the following morning.
- Contact:
 - Until June 10: the name and contact information of the person responsible will be provided at the accommodation.
 - From June 11: Ms. Joanne Ladouceur Crête, 514 715-4383.



Services

- Food can be purchased on site for snacks and lunch.
- If you ordered your meal at the Manoir Carillon residence at 1988, rue Principale, you have to pick it up on the other side of the street, in front of the Community Center, then come back to eat it at the Community Center.


For the next day: Day 8

Please call Mr. Luc Durette (514 462-5764) today to advise him of the number of walkers and their approximate time of arrival. To have access to a shower, make arrangements with Mr. Durette.
Luc2509@hotmail.fr



Day 8 : Chute-à-Blondeau to Rigaud — 20.9 km

↘ See also alternative route via St-Eugène

Total (km)	DIRECTIONS	Segments (km)
0	Turn left on Front Street and walk by the entrance to Voyageur Provincial Park.	4.3
4.3	Continue on Front Street, using the viaduct to walk over R-417 and continue walking until you reach Concession Road 1 (Conc 1).	0.9
5.2	Turn left on Concession Road 1 and continue until you reach the corner of Grande Montée Road, in the direction of Pointe-Fortune.	5.2
10.4	Turn left on Grande Montée Road, using the viaduct to walk over the R-417 and continue walking until the intersection of the R-342. Re-entering the province of Québec.	0.4
10.8	Turn right on the R-342 towards Rigaud.  At 4.3 km, rest stop and toilets at the Camping Trans-Canadien, 960, R-342. The water in the bathroom is drinkable; it comes from a well and it's the same one that campers use. Bottled water sold at the convenience store. Canteen (fries, hamburgers, etc.) and pergola on the campsite. Use the overpass to walk over Autoroute 40. The R-342 turns into rue St-Jean-Baptiste west entering the town of Rigaud. Cross the bridge.	10
20.8	Continue walking and proceed to Sainte-Madeleine church accessible from rue Saint-Pierre.	0.1
20.9	Arrival	



Trajet alternatif via St-Eugène

DÉFI : 22.1km, apportez eau, lunch et collations.

Total (km)	DIRECTIONS	Segments (km)
0	Turn left on rue Front and walk past the entrance to Voyageur Provincial Park.	4.3
4.3	Continue to rue Front, walk over the R-417 overpass and continue on chemin Comté 14 (chemin St-Eugène) to the T-junction.	6.7
11	Turn left on chemin Comté 10 which becomes rue Labrosse in the village of St-Eugène and continue to chemin Duplantie.	2.9

13.9	Turn right on chemin Duplantie, cross the Rigaud River and continue walking to chemin Concession 5.	0.4
14.3	Turn left on chemin Concession 5 which becomes chemin de la Fourche. After about 5.9 km , chemin de la Fourche splits into two branches. Take the branch on your left and cross the Rigaud River to get to chemin du Haut-de-la-Chute, where you will turn right. Continue to chemin du Haut-de-la-Chute, which becomes rue St-François in the municipality of Rigaud. Continue to rue St-Jean-Baptiste (R-342).	12.4
26.7	Turn right onto rue Saint-Jean-Baptiste, cross the bridge and continue until you reach the Sainte-Madeleine church, accessible via rue Saint-Pierre.	0.4
27,1	Arrival	



Accommodation

- Cost: \$30 (Interac transfer with Mr. Durette on request)
- Ste-Madeleine de Rigaud Church (wooden annex behind the church, "Le Chemin Couvert" room adjacent to the church parking lot), 4, rue St-Jean-Baptiste Est.
- Shower if you made arrangements with Mr. Durette the day before.
- Washer
- Please keep the room spotless, please do not leave anything lying around. Cleaning products available in one of the wardrobes. Additional chairs available in one of the wardrobes.
- Contact: Mr. Luc Durette 514 462-5764 Email address: Luc2509@hotmail.fr



Services

- There are several restaurants and convenience stores in Rigaud.
- Meals can also be ordered from your accommodation.
- For breakfast, there are restaurants on rue St-Jean-Baptiste and other restaurants just before reaching Highway 40.













Taxi 3000, 450 451-3000



In Rigaud: Line 61 EXO Bus to Vaudreuil/Montreal

<https://exo.quebec/en/trip-planner/bus/CITPI/61/0>

Day 9 : Rigaud to Hudson — 13.8 km

Total (km)	DIRECTIONS	Segments (km)
0	<p>Follow rue St-Jean-Baptiste E / chemin de la Grande-Ligne (R-342) and continue walking until the Highway 40 viaduct.</p> <p>  Services and restaurants are available near the intersection.</p>	1.3
1.3	<p>Walk past the viaduct and continue walking on rue St-Jean-Baptiste until a Y intersection (just after rue du Bosquet). Keep left, walking towards the railway tracks. Do not continue on the R-342 (chemin des Prairies, which curves to the right). .</p> <p> At about 2.2 km from the viaduct, there is a cycling stop with pergola.</p>	2.4
3.7	<p>Cross the railway tracks and continue walking on chemin de l'Anse which eventually turns into rue Main.</p> <p style="text-align: center;"><i>There is no shoulder. Be very careful</i></p> <p>  After 6.5 km, at rue 723 Main, Hudson, there is a rest area at the Thompson Park located across the street from the Betterève Community Farm. No drinking water.</p> <p>   After 8 km, you will find St-James Anglican Church at 642 rue Main. A bench is available outside, and you have access to toilets and water if the church Community Center is open. It is located at the rear of the church. The Community Center opening hours vary. On weekdays, it is usually open until 10:30 am.</p> <p>  At Hudson, about 1.5 km further, restaurants, a grocery store and other services are available.</p>	10.1
13.8	Arrival	



Accommodation

- Cost: 20\$
- L'Église St-Thomas d'Aquin, 413 rue Main, west side of the church, in the basement.
- The key is available in the presbytery. Return to the same place when you leave in the morning.
- Please arrive before 4 p.m.
- A shower is available at the presbytery, upon request.
- Contact :
 - Father Marceliano, Presbytère, 450 458-5322. If absent, Father Roland Demers.



Services

- Services and restaurants nearby.
- No food service open early in the morning in Hudson. You can have breakfast in Oka.
- In Oka, the Métro grocery store (31, rue Notre-Dame) opens at 8:00 a.m., the Subway (18, rue de l'Annonciation) at 9:00 a.m.





Taxi St-Lazare Hudson, 450 424-1000



In Hudson: EXO commuter train to Montreal

<https://exo.quebec/en/trip-planner/train>

Day 10 : Hudson to Deux-Montagnes — 24.5 km

Total (km)	DIRECTIONS	Segments (km)
0	Take Main Street on the right and continue straight until Sanderson Street which you will take on the left towards the ferry. Take the ferry to Oka (cash only).	3.8
3.8	Leaving the ferry, continue walking on Rang de l'Annonciation and just before the ball field, walk the bike path on the right to rue St-Jean-Baptiste	0.3
4.1	Turn right onto rue St-Jean-Baptiste which then turns left. At St-André Street, turn right until St-Sulpice Street (Route Verte 1) which you take on your left; then turn left onto rue Lefebvre then turn right onto rue Lefebvre/rue St-Jean-Baptiste. Please note: Grocery store on Notre-Dame Street approximately 300 m away. Make sure you have water and snacks. Continue to follow rue St-Jean-Baptiste then continue on Rte Verte 1 (bike path). You will walk through Parc national d'Oka. In about 3.2 km, you will cross chemin du Camping. Continue following the bike path (Route Verte 1/ chemin des Collines) until you reach a junction with a road going towards Deux-Montagnes on the right.	8.8
12.9	Take the path on the right (Route Verte 1) and continue walking on the bike path.  About 2 km further, there is a school park on your right: tables and benches.  There's a bench about 700 m further, near Lac de la Sablière at Pointe-Calumet. Continue on the cycle path, pass the water park and when you cross 45th avenue, you will be in Ste-Marthe-sur-le-Lac. Continue on the cycle path until the traffic light at boul. des Promenades/Chemin d'Oka, about 1.9 km further.	7.1

20 Cross the intersection diagonally and take the cycle path (parallel to Chemin d'Oka, it winds towards a wooded area up to boul. Deux-Montagnes.) 4.5

Leaving the wooded area, cross Blvd. Deux-Montagnes and continue straight on the bike path (parallel to the railway when leaving the wooded area) until the end of the path (intersection of 16e Avenue and rue Guy).

Take a left on 16e Avenue, left again on rue Montclair, then right on 15e Avenue to rue Henri-Dunant

Turn left on rue Henri-Dunant then right on 9th avenue to chemin d'Oka; the destination is on the right.

24.5 Arrival



Accommodation

- Cost: \$35
- Presbytery of Saint-Agapit, Parish of Saint-Jean-Paul II, 1002, Chemin d'Oka, Deux-Montagnes.
- Contact: Father Michel Jasmin, priest 450 543-3356, email: michel.jasmin@maparaisse.info
- Shower available on request; washer (soap not provided)
- Arrival before 4 p.m. for access to services and accommodation; go to the church office to get the keys.
- It is important to leave before 8 a.m.



Services

- Services and restaurants are nearby.

For the next day: Day 11




Call your Laval accommodation today to confirm your arrival the next day. **Not before 2 pm. please.**

Sister Mariette Desrochers, 438 403-8486.

If there is no answer, call Partage Saint-Maxime, 450 973-4242.



In this itinerary, two alternative routes are offered

Total (km)	DIRECTIONS	Segments (km)
0	Take Chemin d'Oka on the right until you reach 8th Avenue, then turn right. Continue on 8th Avenue to the barrier bridge parallel to the railway.	1.3
0.9	Cross the dam bridge. At the exit of this bridge, turn right onto rue des Érables and cross the railway tracks. Take the cycle path on the left side of rue des Érables. Continue on rue des Érables to the convenience store on rue des Plaines. Rue des Érables then becomes chemin du Bord-de-l'Eau. Continue to the intersection of Avenue des Bois. Please note: this step is only possible if the REM construction site across the bridge allows it; otherwise, take the following alternative route.	2.4
Alternative to the previous step (4.0 km)		
	<ul style="list-style-type: none"> • Cross the dam bridge. At the exit, turn left onto rue des Érables, then right onto rue St-Antoine.1,9 • Turn right onto Fernando Pessoa Street, cross the park then turn right onto the Sentier des Bois.0,4 • At rue Hector-Nadon, take the left branch of rue du Chemin-de-Fer to join avenue des Bois.1,4 • Turn right onto avenue des Bois to reach chemin du Bord-de l'eau.0,3 <p style="text-align: center;">Turn left onto chemin du Bord-de-l'Eau.</p>	
4.4	Continue walking on chemin du Bord-de-l'Eau until you reach boulevard Samson. Do not continue on boulevard Samson.	2.9
7.3	Take chemin du Bord-de-l'Eau on the right.  After 1.1 km, you are in the nature park Couvrette. 1.5 km further, facing 341 chemin du Bord-de-l'Eau, you will find a small representation of the Calvary built in stone by Sauriol in 1925.	3.6

	Continue until you reach rue Cléophas-Charbonneau, on your left. You will first see rue des Anémones on your right.	
10.9	Turn left on rue Cléophas-Charbonneau and continue until you reach boulevard Samson.	0.2
11.1	Turn right on boulevard Samson and use the viaduct to walk over Autoroute 13. Immediately after crossing the viaduct, take the bike path on the right. Continue on this bike path to boulevard Lévesque O (T-junction).	1.1
12.2	Turn left onto boul. Lévesque W. to the Promenade des Îles.	0.9
13.1	Turn right on Promenade des Îles, pass by Îles Du Tremblay and Paton, then join the other section of boul. Lévesque O. which can be reached by branching off, at the end, into the large Berthiaume-Du Tremblay park..	1.7
14.8	Turn right onto boul. Lévesque O. and continue straight to the Saint-Maxime church.	1.4
16.2	Arrival	



Accommodation

- Cost: 30 \$
- St-Maxime Church Presbytery, 3700 rue Lévesque O between 80^e Avenue and 77^e Avenue.
- Go to the church basement, from the left side of church.
- Ask for Sister Mariette Desrochers.




Services

Services and restaurants are nearby.



Taxi Coop, 450 688-8700

Day 12 : Laval to l'Oratoire St-Joseph, Montréal — 12.7 km

Total (km)	DIRECTIONS	Segments (km)
0	<p>When leaving the presbytery, walk towards the river; you will see Saint-Maxime school on your left. Turn left on the bike path that runs along the Rivière des Prairies to the Lachapelle Bridge.</p> <p>A few meters before the bridge, continue on the right branch of the bike path and walk under the bridge. Continue to 71st Ave (about 50 m) and take the sidewalk on the span of the bridge that crosses the Rivière des Prairies, heading south, towards Montréal. You will be walking, facing the traffic.</p>	1
1	<p>At the end of the bridge, turn slightly left on rue Lachapelle/QC 117N.</p> <p>Continue walking on rue Lachapelle. Turn left on rue du Bocage. Turn left onto rue de la Miséricorde. Keep right on rue du Bocage, until the end of the street.</p> <p> Turn right on rue Notre-Dame-des-Anges, walk 50 m and turn left, entering Parc Raimbault, where there are benches.</p> <p>Near a wooded area in the park, turn right on the path and follow it until you reach boulevard Gouin O.</p>	1.5
2.5	<p>Turn left on boulevard Gouin O and continue walking until you reach boulevard O'Brien.</p>	0.3
2.8	<p>Turn right on boulevard O'Brien (which becomes avenue O'Brien after boulevard Henri Bourassa) and walk until you reach rue Lapointe.</p>	2.4
5.2	<p>Turn left on rue Lapointe, then right on avenue Sainte-Croix and continue until you reach boulevard Côte-Vertu.</p> <p>At the intersection behind the bus shelter, you will see the Saint-Frère-André Monument: "Frère André, 1845-1937, died in this hospital, Wednesday, January 6, 1937".</p>	1.1
6.3	<p>Continue on avenue Sainte-Croix and walk under the Autoroute 40.</p>	1.6
7.9	<p>Avenue Sainte-Croix turns into chemin Lucerne. Follow chemin Lucerne and turn left on avenue Algonquin. Continue until you reach chemin St-Clare.</p>	0.9
8.8	<p>Turn right on chemin St-Clare which winds its way towards rue Jean-Talon and turns into chemin Côte-des-Neiges.</p>	1.2

10	Continue walking on chemin Côte-des-Neiges until you reach chemin Queen Mary.	2.2
12.2	Turn right on chemin Queen Mary and walk towards Saint Joseph's Oratory on your left.	0.5
12.7	Arrival. Go to the reception office for pilgrims to sign the register in order to receive your certificate by mail.	

Daily Route Validation (for printing)

Orléans Date :	Buckingham (Gatineau) Date :	Thurso Date :
Plaisance Date :	Montebello Date :	L'Original Date :
Chute-à-Blondeau Date :	Rigaud Date :	Hudson Date :
Deux-Montagnes Date :	Laval Date :	Montréal Date :

